



# GRAND HAVEN WOMAN'S CLUB

Post Office Box 350684  
Palm Coast, FL 32135

## FEBRUARY 2024 Newsletter

### GHWC BOARD

President	<i>Kaliroi Parris</i>
1st Vice President	<i>Awilda Hamilton</i>
2nd Vice President	<i>Laura McBride</i>
Recording Secretary	<i>Lucie Lachance</i>
Corresponding Secretary	<i>Denise Burren</i>
Treasurer	<i>Jenny Scott</i>
	<i>Paula Geppner</i>
Past President	<i>Kim Lhota</i>

Contact info for Board members is available on our website:  
[GHWomansClub.org](http://GHWomansClub.org)

### *1st Vice President*

*Awilda Hamilton*

We are kicking off this calendar year spotlighting one of our community's best, the **Flagler County Free Clinic**. Its director, **Terri Belletto**, will share how primary and preventative healthcare is provided at a nominal cost or for free to the uninsured and under-insured in Flagler County. Among other things, she will describe new ways they respond to current needs and how free clinics benefit everyone.

Fact: Though likely working, the reality is most Americans will find themselves in a period of financial instability at some point in their life. You will learn how the clinic's healthcare professionals and volunteers are **Graciously Giving Compassionate Care!**

Mark your calendar for our next **Learn and Grow, Friday, March 22, 4:30 PM**. **Dr. Jennifer Bugos**, University of South Florida, Fulbright Scholar, will present the most current research and findings about Music and the Mind. This will prove to be an informative presentation following Dr. Paulo Torres at our November meeting.


### GHWC 2023-2024 MEETING DATES

19 February	2024	15 April	2024
18 March	2024	20 May	2024

### *President's Update*


*Roi Parris*


**Happy New Year to everyone! Wishing Health and Joy to all throughout the year and always!**


 Annual Gift Giving Campaign update - we have raised almost \$12,000 or 78% of our \$15,000 goal and I'm happy to say we exceeded our budgeted amount.

**THANK YOU all very much for your generosity.**

Your contributions to the **Circle of Philanthropy** are always welcome; our campaign does not have an end date or a due date. You will be able to make your tax deductible contribution on-line on our website or via regular mail.

 A member Orientation and Information session was held in early January. We had more than 20 members in attendance. Thank you to Nancy Carlton for hosting a very informative session, also thank you to the Board members for explaining how our club works, and presenting our fundraising events, our activities and our social interactions.

 The annual Day of Games was a huge success! Check out the pictures on our website!

 A limited number of Yearbooks have been printed; please email me if you need one. It is also posted on our website (click/tap the **MEMBERS** button, then *Members Only*, then *Yearbook & Directory*) to download and print.

Our next meeting is **February 19th, 2024**. Looking forward to seeing everyone!



# Grand Haven Woman's Club

## **Environment Committee**

*Environmental Chair, Beth Wald*

Please join us on Wednesday, March 20th at 10:00am for our second visit to the University of Florida Whitney Laboratory Sea Turtle Hospital. Meet the patients! After the tour we'll enjoy lunch at Bronx House Pizza. This tour will fill up fast since we're limited to 14 participants. Please contact Beth Wald at (703) 380-0563 or [beth.s.wald.ret@gmail.com](mailto:beth.s.wald.ret@gmail.com) soonest if you'd like to join us.

The Environment Committee and the Social Committee are planning a visit to St Augustine Wild Reserve on Wednesday, April 10th. Please keep an eye out for details when we have them. We also expect to support Washington Oaks Garden State Park's Earth Day Celebration on Saturday, April 20th. We'll let you know their requirements when we receive them.

Our donated Day of Games (DOG) basket received lots of (raffle ticket) bids. We also collected plenty of goodies for Flagler Humane Society (FHS), including linens, a pet gate, and a generous check. You are always welcome to drop off donations intended for FHS by the blue table in front of my house.

Remember, if you see a sea turtle in distress, call Florida Fish and Wildlife at 888-404-3922. If you see injured or baby wildlife in need, please contact Palm Coast resident Ms. Courtney Johnston, 386-569-8844, a certified wildlife rehabilitator.

## **Health and Wellness**

*Health and Wellness Chair, Adele Large*

Five GHWC members attended the Sanctity of Life Celebration held at the Alpha Women's Center on Saturday, January 20th. The event included tours of the Alpha Center, a chance to meet Alpha board and staff members, videos of Alpha clients and a prayer walk.

## **2nd Vice President**

*Fundraising Chair, Laura McBride  
Day of Games Committee Chair, Carol J. Walker*

### **Day Of Games**

What a perfect Day of Games!! The players were greeted by a group of great volunteers with a sampler of Buff City Soap products at each seat, chocolates on the tables and fresh flowers around the clubhouse.

The buffet was delicious and plentiful. Jeri, Marco and the staff were helpful. The participants enjoyed the raffle consisting of 26 amazing baskets that were generously donated by GHWC members and committees. The share/share was enjoyed by 3 winners - each taking home \$120.

Lastly and most important, the Day of Games fundraiser will benefit approximately \$5500 for the GHWC charities.

Many thanks to Grand Living, the event sponsor, the Grand Haven Golf Club, basket donors, committees, volunteers and all the players that made the day perfect.

### **Health and Wellness cont.**

The Alpha Women's Center offers free courses on pregnancy/birth and child development. Clients earn boutique bucks for attending these courses which can be used to obtain items from the Baby Boutique.

There will be a special collection in March for the Alpha Center boutique. Items requested are:  
Diaper bags or black backpacks  
Diapers size - 1,3,4,5,6  
Diaper wipes, unscented  
Sleepers - Boys/Girls (0-24 months)

At the February meeting we will collect our usual donations for the Food Pantry, Family Life Center, and the Giving Store.



# Grand Haven Woman's Club

## Arts and Culture

Arts and Culture Chair, Marie Lanier

Hello Ladies.

January has been a wonderfully busy month.... From our lively book club meeting where we engaged in deep conversations regarding "The Immortal Life Henrietta Lacks" to our Movie Day where our selection "Val" attracted our largest group to date. Then there was our evening at The Fitzgerald Center For Performing Arts where over 60 of us enjoyed the music of Motown!

There is always something going on when you hang with us!!! But wait, there's more!

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February 1st. & 2nd., A total of 24 of us had the honor of being invited into the studio of artist Jan Jackson. Jan is an internationally known artist, a Grand Haven resident and member of our GHWC! How lucky are we to have an artist the caliber of Ms. Jackson in our midst. In addition, the amazingly creative quilts of Emma Fleischer were on display... Colorful fabric art full of beauty and whimsy. Plus light refreshments were served.

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What's on the drawing board? You never know what's coming next!!

**Feb. 5** - A tour of the workshop of Palm Coast resident, 86 year old woodworker Bill Reischman

**Feb. 8** - Our next movie "The Best Exotic Marigold Hotel"

**Feb. 15** - Book club discussion of "Hanging Mary"...by Susan Higginbotham

And also registration is going on now for our **March 15** or **March 22**

GLASS FUSING CLASS AT STARRY NIGHT STUDIO IN ST. AUGUSTINE. (See picture below)

Do any of these activities sound like a good time to you?

Please reach out to me by email: [Ghwc.arts.culture@gmail.com](mailto:Ghwc.arts.culture@gmail.com) or by text at 631-457-3271.

I'd be so happy to share details with you. Till next time ...

Hugs,  
Marie



Create a bowl at Starry Night Studio



Next Movie - The Best Exotic Marigold Hotel on February 8th



GHWC members engrossed in the movie "Val"



## Grand Haven Woman's Club

### ***Meet Our New Members!***

*GHWC Membership Co-Chair Cheryl Dresnok*

February is the month of love, and we **love** to welcome new members to our club! Our new members are Carmen Roche, Wendy Dillon, Holly White, Nancy Chisholm, Beverly Agnew, Laurie Harrison, and Sonia Ciampa. I am happy to introduce five of these ladies to you today.

**Carmen Roche** lives on North Village Parkway with her husband Billy. Their two children, Jennifer and Michael, are both in the military and sometimes live at home with their parents when not deployed. Jennifer's dog also stays with Carmen and Billy when Jennifer is deployed. Carmen has worked as a Home Daycare Provider. The family moved to Palm Coast from St. Augustine just a few months ago. Carmen loves the golf course and beautiful neighborhood. "My favorite activities here are golf, pickleball, Zumba, and yoga. I would also like to try pilates." Even though she loves living in Grand Haven, Carmen admits, "I am a little worried about the committee who is in charge of the neighborhood." Carmen is very grateful to Martha Belica for sponsoring her as a member of our club and she looks forward to meeting some wonderful women! Welcome Carmen!



*Front row (l to r): Carmen Roche, Wendy Dillon, Holly White; Back row: Membership Co-Chair, Cheryl Dresnok, Nancy Chisholm, Beverly Agnew, Laurie Harrison, Sonia Ciampa, GHWC President, Roi Parris*



## *Grand Haven Woman's Club*

### ***Meet Our New Members! Cont.***

**Wendy Dillon** moved to the Lake Haven neighborhood just a few months ago with her husband John. They moved here from Steamboat Springs, Colorado where they lived for the last 12 years. They have two adult children who live on their own. The Dillons are animal lovers – they have three pets – a 3-year-old Border Collie named Harper, a 14-year-old Wheaton Terrier mix named Buttercup, and a 12-year-old cat named Aspen. Wendy probably sings a lot since she was a high school music teacher and she added, “I also lead the music ministry at our church!” She is also a health and wellness coach, initially attracted to Grand Haven because of relatives living in the area. Wendy said, “I love to ride my bike and go to the beach. I love wearing shorts every day and not have to wear layers to keep warm!” Wendy said, “I hope to build some good friendships here!” Welcome Wendy!

**Holly White** has been a resident of Southlake Village for over four years and she lives with her husband Montie, adult son Curtis and their rescue dog named Coco! Prior to living in Palm Coast, Holly lived in the Cincinnati/Indiana area for 20 years. She has worked as a secretary, medical transcriptionist, and realtor. Holly was attracted to Grand Haven “because it is a quiet, beautiful community and has access to the beach!” She said, “My favorite things to do in Grand Haven are to walk my dog, try new restaurants, and go to the beach.” Holly admits “I am a little concerned about the overgrowth and all that goes with it in Palm Coast.” I think you have lots of people who share those feelings, Holly! Welcome Holly!

**Laurie Harrison** has lived with her husband Peter in the Hidden Lakes area since 2015. They moved to Palm Coast from Vermont on the Canadian and New York state border. Laurie said, “We were right on Lake Champlain and could see New York state across the lake and Canada to our north. We lived there for 33 years and loved it!” However, they had some good friends in Vermont who lived in Grand Haven half the year. Laurie said, “We visited them here for years and then they helped us find a home!” Laurie is a pharmacist, registered in NY, and she is also on the board of the Flagler County Free Clinic. She has volunteered there at least 20 hours a week for the last five or six years. She said, “I manage the med room there and order from companies that furnish free drugs to clinics all over the world.” Laurie said she tries not to let anything bug her and she is always on the lookout for ways to renew our planet. Welcome Laurie!

**Sonia Ciampa** moved to Grand Haven four years ago with her husband James. They moved here from Long Island, New York. Sonia has worked as a Medical Office Administrator. She said they were familiar with Grand Haven because “we were snowbirds in the Hammock. When we decided to make it permanent, we picked Grand Haven because it had many amenities and it reminded us of Long Island!” Sonia’s favorite things to do here in Grand Haven are to play golf and Bocce with their neighbors. She is very happy to live here, Sonia said, “I love it here! It feels like paradise!” She added, “I would like to thank all the ladies for such a warm welcome.” Welcome Sonia!

So many interesting ladies are joining GHWC! We are so happy to meet you all and welcome you to our world!



# Grand Haven Woman's Club

## Material Girls

Material Girls Chairs, Lucie Lachance and Michelle Kreiss Keating

The Material Girls made seven kneelers for the “The O’Bryan Chapel” at the new AdventHealth Hospital on Palm Coast Parkway. The hospital grade fabric for the kneelers, provided by the AdventHealth Foundation, matches the chapel furniture. Thank you to seamstress Linda Britton for working with this tricky material!

The Chapel dedication ceremony held on Monday, January 22, 2024 was made possible because of Suzi and Michael O’Bryan. In Michael’s remarks he acknowledged that he and his wife have been blessed with many things including the families into which they were born. With grateful hearts they were instrumental in the vision, design inspiration, and funding of The O’Bryan Chapel.



Music before and during the ceremony was provided by violinist, Paulo Pereira.



L to R: Material Girls, Michelle Kreiss Keating and Linda Britton with Suzi and Michael O’Bryan. Kneelers sewn by Linda can be seen in the basket on the floor.

### GHC FEBRUARY BIRTHDAYS

GHC Membership Co-Chair Marilyn McNamara

Frannie McMullen .....	February 1
Shirley Torrisi .....	February 2
Diane Fitzgerald .....	February 3
Selma Paul .....	February 5
Kathy Lynn .....	February 7
Kathy Lyford .....	February 12

Kristina Bracciale .....	February 18
Peggy Smith .....	February 21
Cindy Price .....	February 22
Joanne Urgese .....	February 22
Judy Hicks .....	February 25
Katherine McArdle .....	February 28
Marcia Stambouljian .....	February 28



# Grand Haven Woman's Club

## *Communications & Public Relations*

*GHWC President, Roi Parris*

- ✓ The “Meeting and luncheon RSVP” page on the website has been stream-lined and should be easy/easier to use. **I prepared a “How to RSVP for monthly meetings” handout, let me know if you need a copy.**
- ✓ This year’s Projects and Programs for Time Reporting have been updated. Click/tap the TIME REPORTING button, then Programs & Projects List to see or print the updated list.
- ✓ Click/tap the “June 2023-May 2024 Volunteer Hours Pie Chart” and the “June 2023-May 2024 Donations Pie Chart” to see our members activities and contributions.  
**I prepared a “How to enter your volunteer hours” handout, let me know if you need a copy.**
- ✓ Photos from the Holiday Party in December and the Day of Games in January have been posted in the PHOTOS & NEWS page. Click/tap that button, and then click/tap the “Recent GHWC events” button (or any of the other buttons) to see photos of your friends and neighbors.
- ✓ The electronic member Directory is posted on our website (click/tap the MEMBERS button, then *Members Only*, then *Member Directory as of ...*). It gets updated often with our newest members. **Please review your personal information and let us know of any changes.**
- ✓ The monthly Treasurer’s report is posted on our website prior to our monthly meeting. Click/tap the MEMBERS button, then *Members Only*, then Treasurer’s Report.....to view the latest financial information.
- ✓ The minutes for our monthly meetings are posted on our website prior to each meeting. Click/tap the MEMBERS button, then *Members Only*, then General Membership Meeting.....to view the information that has been recorded and will require approval by membership at the next meeting.
- ✓ To view the calendar, go to our website, click or tap the CALENDAR button, then click/tap the *Month-by-Month* button.  
To see details for an event, click/tap on that event. To add that event to your calendar, just click the *+Add to Calendar* button.  
Use the < > arrows (top line, next to the month) to scroll to the next or previous month. Click/tap the TODAY button (top line) to return to the current month’s calendar.  
**I prepared a “How to” handout on this, let me know if you need a copy.**

Members with AOL email accounts are having intermittent issues receiving emails. Please update your contacts to include [Notices@GHWomansClub.org](mailto:Notices@GHWomansClub.org), check your trash/junk folder, or contact AOL for guidance.



# Grand Haven Woman's Club

## GHWC Thanks our Partners



### And thanks to this year's event sponsors



Patty Stauffer  
Realtor

