



GRAND HAVEN WOMAN'S CLUB

Post Office Box 350684
Palm Coast, FL 32135

October 2023 Newsletter

GHWC BOARD

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Contact info for Board members is available on our website:
GHWomansClub.org

President's Update

Roi Parris

Our first meeting of the year was great! Our Committee Chairs did an amazing job getting everyone up to speed with this year's planned events!

The annual Grand Haven Woman's Club Gift Giving campaign is under way; you probably have received the announcement already. Last year we raised almost \$11,000 or 73% of our \$15,000 goal. This is your opportunity to join the *Circle of Philanthropy* and help us help those in our community that count on our support. You will be able to make your tax deductible contribution on-line on our website or via regular mail.

The Materials Girls is now its own Standing Committee. Their wonderful work is appreciated by many organizations in our community. Check out their Newsletter (click/tap the NEWSLETTERS button) and their photos (click/tap PHOTOS, then CSP PHOTOS, then MATERIAL GIRLS.)

A limited number of Yearbooks have been printed; please email me if you need one. It is also posted on our website (click/tap the MEMBERS button, then *Members Only*, then *Yearbook & Directory*) to download and print.

Our next meeting is October 16th, 2023. *Looking forward to seeing everyone!*

1st Vice President

Awilda Hamilton

Google Palm Coast, Florida and you will read the following: *Palm Coast offers a perfect mix of golf resorts and lush nature preserves.*

Since our environment is one of our assets, October's meeting speaker will address an important aspect of what has made and will hopefully continue to make us desirable! Donned in one of his signature Hawaiian shirts, Dr. Mark Q Martindale, Director, Whitney Lab, will make their important and meaningful mission fun to hear and easy to understand.

Come and learn how Whitney Lab contributes to our well-being and helps Palm Coast remain a destination location by studying issues of human health, natural resources, and the environment.

GHWC 2023-2024 MEETING

DATES

16 October	2023
13 November	2023
11 December	2023

January 22, 2024 - Day of Games!

19 February	2024
18 March	2024
15 April	2024



Grand Haven Woman's Club

Arts and Culture

Arts and Culture Chair, Marie Lanier

Looking for something to do? Sign on for the Arts and Culture newsletter and you'll always find something going on. You can check the calendar on the GHWC web page too.

Whether it's a movie day, book club, cooking classes, stained glass classes or tea hat decorating workshops and more, you'll find it within our group in the upcoming months. Anything strike your fancy?? Stay connected with our weekly newsletter.

Please write to me at GHWC.arts.culture@gmail.com and ask to be placed on our email list.

FESTIVAL OF WREATHS

If you love animals and are a bit crafty, please consider creating a wreath to be part of the Festival of Wreaths held December 3 at the Windsor Assisted Living Facility. All proceeds from the event benefits The Flagler Humane Society. Every Penny!!! The Environment committee and Arts and Culture are combining efforts again to make this year's fundraiser the best yet.

All wreaths should be dropped off to me **at 3 N Park Circle by Nov. 24.** Wreaths can be for any holiday or have a year round theme and should be labeled with your name and GHWC.

Calling All Crafters!

We need your beautiful, handmade Wreaths for the **“Annual Festival of Wreaths”** to be held at **The Windsor ALF in Palm Coast on Sunday, Dec. 3rd.** The wreathes are for a massive **Silent Auction** that benefits the **Flagler Humane Society.**

Wreaths need to be at least 24” in diameter, but can be for any holiday or theme. Please attach a label with your name and telephone number on your handiwork, so we know who brought what!

ONE CHRISTMAS NIGHT IN MEMPHIS

We had a wonderful response to our ticket sales for One Christmas Night in Memphis and I'm sure it is a fundraiser we will do again for a future show. Thank you to **The Flagler Auditorium** for generously offering us this opportunity. We are so fortunate to have this venue right in our backyard. I'd encourage everyone to please support the auditorium. The shows they offer are amazing and enrich our lives here in Palm Coast.

Our calendar year has started out strong and there's so much more fun and camaraderie ahead. Hugs to all of you remarkable gals. I'm so blessed to know each of you.



Grand Haven Woman's Club

Environment Committee

Environmental Chair, Beth Wald

Calling all wreath makers! The Environment Committee is again supporting the Annual Festival of Wreaths silent auction to be held at the Windsor Assisted Living Facility in December, benefiting the Flagler Humane Society. If you have wreath making skills, please consider making a wreath for this wonderful fundraiser. You may drop your wreath off at 18 N Park Lane by November 22nd. Please be sure to attach your name, phone number and “GHWC.”

Early this month the Environment Committee put out an urgent request to all GHWC members for cat food and supplies for Flagler Humane Society. FHS had taken in some 35 cats including two very young litters in response to a hoarding situation in Flagler Beach. In all, our members collected \$589 in cat food and supplies and presented FHS with a check for \$50. Additionally, our regular September collections resulted in our contributing another \$50 check and \$247 worth of cat and dog supplies. Thank you to everyone who contributed or collected items on behalf of FHS! Also, FHS is actively soliciting volunteers. Please visit <https://flaglerhumanesociety.org/volunteer/> to explore volunteer opportunities.

The Environment Committee has planned a visit to the University of Florida Whitney Laboratory Sea Turtle Hospital on November 15th. The trip filled up fast, so another is tentatively planned for March. Since GHWC contributes to Whitney Laboratory, our members will not be charged for the tour. Nonetheless, I suspect most participants will choose to contribute and may even sponsor one or more turtles being cared for by WL.

I recently found a baby squirrel in the middle of a neighborhood road in Grand Haven. I wasn't at first sure what furry little creature was wobbling around in front of my car. When I got out of my vehicle and scooped the little one up, I recognized it was a squirrel, so young that its eyes weren't even open. Thanks to the help of a neighbor, little Sammy went to a local wildlife rehabilitator who has assured us that the little one is doing well and has several friends. She will be slowly reintroduced to the “wild,” when she is ready. If you see injured or baby wildlife in need, please contact Ms. Courtney Johnston, 386-569-8844. Ms. Johnson is an authorized rehabilitator by the Wildlife Coalition, in St. Augustine.



Little Sammy on the day she was rescued.



Grand Haven Woman's Club

Health and Wellness

Health and Wellness Chair, Adele Large

Fall has arrived so before we know it Thanksgiving will be here. Team Feed Flagler will again help needy families have a Thanksgiving meal. We can help feed a family with a \$50 donation. To donate make checks payable to "Grace Community Food Pantry" on the memo line. DO NOT make checks out to Team Feed Flagler. Checks will be collected at the October meeting.

Monthly donations will be collected at the October meeting for Grace Community Food Pantry, Family Life Center and The Giving Store. The Giving store will be collecting new items for holiday gifts.

We also have a new organization to support. Alpha Women's Center needs items for their baby boutique.

Items needed include:

diapers size 4,5,6, diaper bags and pull-ups 3T/4T, grooming kits, hair brushes, hooded blankets in neutral colors and sleepers 0-24 months.

Registration is required for the Diabetes Program and the Simulation tour.

The Diabetes Education event will be held on November 8 at 4 p.m. in the Grand Haven Room. For reservations send an email to: SandyHollen01@gmail.com.

The Simulation Lab Tour is on November 15 from 10:30 a.m. to noon at Advent Hospital on SR-100. Advent Health staff will be available to answer questions about the health system. If interested please send an email to GHWC.Health.Wellness@gmail.com by November 6th.

GHWC	
OCTOBER BIRTHDAYS	
GHWC Membership Co-Chair Marilyn McNamara	
Martha Belica	1
Nancy Carlton	2
Maria Gilmore	2
Deborah Roush	2
Roe Bianchi	7
Alice Brogan	9
Donna Murray	9
Kaliroi "Roi" Parris	11
Ruth Krauthamer	12
Carol Walker	14
Sandra Haines	16
Beth Havens	17
Suzanne O'Meally	19
Karen Wolford	20
Julie Dolgin	23
Carolyn Mauricio	23
Lori Mestre	23
Kathy Reichard-Ellavsky	23
Jackie Van Nieuwenhoven	24
Hilda Conklin	27
Mary Stagliano	31

Material Girls

MC Chairs, Lucie Lachance and Michelle Kreiss Keating

The Material Girls first meeting will be held on Monday October 23, 1 p.m. at 15 Sand Pine Drive.

At this first meeting we will have a quick quilt hand-tying demonstration so we can finish children's quilts in time for the holiday season. For those not interested in tying quilts be prepared to stuff bears and pillows! All welcome!



Grand Haven Woman's Club

Meet Our New Members!

GHWC Membership Co-Chair Cheryl Dresnok

This was a great summer for our club – we gained four new members: Vanessa LaForte, Nancy Chisholm, Wanda Mayer, and Beverly Agnew. I was able to catch up with three of them and I am pleased to introduce them to you!

Vanessa LaForte just moved to the Riverwalk neighborhood of Grand Haven with her pets in July, 2023. She was born and raised in New York but has lived in Fort Lauderdale for the last nine years. She has worked as a designer and a scientist! After living in Fort Lauderdale, Vanessa decided to move to Grand Haven to be closer to her dad and she added, “I wanted to be in a neighborhood that held strong community values as well as a commitment to keeping the integrity of the property, and respect for nature.” Her favorite thing to do in Grand Haven is “to listen to the songbirds and cicadas while I drink my morning coffee.” Vanessa hopes to start a Wellness Concierge Service and says “Meditation, nature and cooking bring me great joy.” And you know what she doesn’t like about living here? “The fact that I didn’t live here sooner!” Welcome Vanessa!

Nancy Chisholm lives in the Wild Oaks neighborhood of Grand Haven with her husband Richard and “our adorable toy schnauzer named Olive Tini.” In her former life, Nancy worked as Director of Sales and Marketing for a specialty pharmacy. Nancy has lived here for two years but didn’t move very far to get here since she used to live in the Cambria Condos in Hammock Dunes. She moved to Grand Haven “to live off of the ocean (scary hurricanes) and to have an authentic, outdoor brick pizza oven and grow my own tomatoes and herbs!” Her favorite things to do are “creating new pizza recipes, belonging to a book club, joining the GH Bocce League, and occasionally playing croquet.” Nancy’s not crazy about “a few feral pigs snouting up the backyard”



L to R: New members Vanessa Laporte and Wanda Mayer.

but she can’t wait to fire up the pizza oven and meet more neighbors! Welcome Nancy!

Wanda Mayer has lived in the Riverwalk neighborhood of Grand Haven for the last four years with her husband Mario. She is originally from northern Virginia, but has lived in Florida most of her life. Wanda graduated from West Virginia University with a major in marketing but said, “I ended up working in the computer field, but that was short-lived. I became a full-time mom, raising my two boys in Tallahassee.” After she became an empty nester, she moved to Ponte Vedra, before finding her way to Grand Haven. Wanda said, “My biggest passion is playing with fabric and crafts. I sew, glue, paint and embellish all kinds of things.” She also enjoys the exercise classes, walking the intracoastal path and traveling. She added, “I am excited to join the GHWC. I’m looking forward to socializing and getting to know the members and giving back to the community.” Welcome Wanda!



Grand Haven Woman's Club

WHO ARE THE FOUNDING MEMBERS OF OUR CLUB?

Membership Co-Chair Cheryl Dresnok



Sally Nord

Eighteen years ago, 22 Grand Haven residents put together a plan to create the Grand Haven Woman's Club. Five of those ladies are still members of our club today.

It gives us great pleasure to honor these Founding Members of the Grand Haven Woman's Club for their hard work and dedication to our community both within and outside of Grand Haven.



Louise Dycke



Nan Reid



Sue Freytag



Lucy Crowley



Grand Haven Woman's Club

Communications & Public Relations

Roi Parris

This year's Projects and Programs for Time Reporting have been updated. Click/tap the **TIME REPORTING** button, then **Programs & Projects List** to see or print the updated list.

The electronic member Directory is posted on our website (click/tap the **MEMBERS** button, then *Members Only*, then *Member Directory as of ...*). It gets updated often with our newest members.

To view the calendar, go to our website GHWomansClub.org, click or tap the **CALENDAR** button, then click/tap the *Month-by-Month* button. To see details for an event, click/tap on that event. To add that event to your calendar, just click the *+Add to Calendar* button.

Use the **<>** arrows (top line, next to the month) to scroll to the next or previous month. Click/tap the **TODAY** button (top line) to return to the current month's calendar.

Members with AOL email accounts are having intermittent issues receiving emails. Please update your contacts to include Notices@GHWomansClub.org, check your trash/ junk folder, or contact AOL for

