GRAND HAVEN WOMAN'S CLUB

Post Office Box 350684
Palm Coast, FL 32135

JULY 2026 NEWSLETTER

PRESIDENT'S UPDATE:

Gail Naworal

Greetings!
I am honored and excited to serve as your President for the coming term.

Our club has been serving the Grand Haven Community and the city of Palm Coast for over twenty years. How we have grown!

I look forward to working with our leadership team; some "seasoned" and some new faces.

Our CSP (Community Service Program) chairs are ready to hit the ground running. Their enthusiasm is contagious.

We need the help of all of you to be successful. Our community is counting on us. Please consider donating your time, expertise, and energy to one or more of our endeavors this year.

See you in September!



Board Members: (L to R) Gail Naworal, Debbie Roush, Carol Walker, Jenny Scott, Roi Parris, Denise Burren, Marie Lanier and Kathy Lake (not in attendance)

2026-2027 GHWC BOARD

President	*Gail Naworal*
1st Vice President	*Debbie Roush*
2nd Vice President	*Carol Walker*
Recording Secretary	*Denise Burren*
Corresponding Secretary	Marie Lanier
Co-Treasurers	*Jenny Scott*
	Kathy Lake
Past President	*Awilda Hamilton*
Parliamentarian	*Sally Nord*



- - STUFF BUS - -

SUPPLYING THINGS U FIND FUNDAMENTAL

OUR STUDENTS NEED THE "BASICS" AND YOUR SUPPORT WILL MAKE A DIFFERENCE!

GRAND HAVEN WOMAN'S CLUB

SCHOOL SUPPLY WISH LIST

HIGHLIGHTERS	COPY PAPER
NOTEBOOKS	MARKERS
PAPER-LINED	GLUE STICKS
PENS / PENCILS	POST-ITS
COMPOSITION BOOKS	CRAYONS
POCKET FOLDERS	PENCIL BOXES

ESSENTIAL CLOTHING –
NEW SOCKS/LEGGINGS
NEW SWEATPANTS/UNDERWEAR

Flagler County Education Foundation

The Stuff Bus will be at the Village Center
July 20th from 9am to 3pm

💜 ***DROP OFF DONATIONS THAT DAY/TIME*** 💜



Questions?? Call Gail Callahan 954-461-3788

First Vice President's Message

Debbie Roush

We are all hitting the ground running to make sure this next year is full of great programs and events.

One of my responsibilities is to find speakers for our monthly meetings, and I am very excited to announce those for our first three meetings. They are as follows:

September 21st - President Gail Naworal will be giving a Welcome and Information program.

October 19th - Laura Gilvary from Intracoastal Bank will be talking to us about Fraud.

November 16th - Devrie Paradowski will talk with us about Habitat for Humanity.

Communications/Hospitality Chair

Laura McBride



I will be wearing two hats this year. The first is as the Communications Chair. This role plays the traffic cop for all the communications that go out from both the Amenities Office and the Notifications Chair. Our calendar says very busy with lots of opportunities that need to be communicated with both our membership and the community at large, so this role is responsible for making sure everyone stays informed without each activity stepping on one another.

My second role is as the Hospitality Chair which involves planning our monthly luncheons with the Grand Haven Golf Club. This also includes providing whatever equipment or set ups the speakers or committee chairs need in order to disseminate information about our programs or upcoming events.

Second Vice President's Message Fundraising

Carol Walker

Happy Summer! The Fundraising Committee has already been very busy over the last month planning fundraising events for the 2026-27 club year. We have a fabulous and fun season planned that will continue to both support our local charitable organizations and help meet the goals of the Club.

SAVE THE DATES:

November 6 **Bingo**
Co-chairs: Jenny Scott/Jacki Unger

January 22 **Day of Games**
Co-chairs: Jenny Scott/Jacki Unger

February 12-13 **Book Sale**
Education Chairs: Gail Callahan/Carol DeFries

March 13 **Denim & Diamonds**
Co-chairs: Jeanine Horowitz/Marcie Leonard

April 17 **Nine & Dine**
Co-chairs: Kim Lhota/Kathy Lyford

May 1 **Kentucky Derby**
Co-chairs: Cheryl Ringer/Michele Gulick

Information about all of these exciting events, including the possibility of a return of Mallet Madness will be available at the September meeting – along with sign-up sheets to volunteer at these events.

In addition to planning these events, the Fundraising Committee has been busy developing the Corporate Sponsorship proposal for Annual Partners and Sponsors of our events. As we saw last year our Partners and Sponsors represent almost 50% of our fundraising dollars. Together with the Annual Gift campaign and Book Sale, this year's net contributions were over $77,000 which allowed the Club to increase the donations to our charitable organizations.

As you enjoy your summer months, remember our Chairs can always use gift cards, lotto tickets and assistance with sponsors.

See you in September!!

Corresponding Secretary

Marie Lanier

Hello, Ladies!

As your new Corresponding Secretary, I've been thinking about just how important a kind word, a note of encouragement, or an expression of sympathy can be. Life has a way of bringing us moments worth celebrating, challenges that call for support, and occasions when simply knowing someone is thinking of us makes all the difference.
One of the joys of this position is sending cards on behalf of our club—whether it's a congratulations for a special accomplishment, a get-well wish, a note of comfort during a difficult time, or recognition of a happy milestone. These small gestures help remind us that GHWC is more than an organization; it's a caring community of women who support one another.

But here's where I need your help! While I'd love to possess magical powers of knowing everything that's happening in everyone's lives, my crystal ball seems to be on the fritz. If you know of a member who could use a little encouragement, celebration, sympathy, or understanding, please let me know. I can only send cards when I hear about these important moments from you.
Please send all the info needed to communicate effectively to :
Paintingwithmarie@gmail.com
You may also text to 631-457-3271

Together, we can make sure no member feels forgotten and every member feels valued. After all, a thoughtful card may be small in size, but its message can mean the world.
Thank you for helping me spread a little sunshine, one card at a time!

Why Track Your Hours?

Denise Gallo

The Women's Club of Grand Haven has a long tradition of serving our community through volunteerism, fundraising, and charitable support. While many people recognize the visible impact of our projects and donations, fewer understand the importance of tracking volunteer hours and in-kind contributions throughout the year.

Recording these efforts is much more than keeping statistics. It provides a clear picture of the value our members contribute to organizations throughout Flagler County and beyond.

Volunteer hours represent a significant investment in our community. Whether members are organizing fundraisers, preparing educational programs, sewing quilts, supporting local nonprofits, collecting supplies, or participating in community events, each hour donated reflects a commitment to improving the lives of others. By tracking these hours, the club can accurately measure the collective impact of its members' service.

In-kind donations are equally important. These contributions include donated goods, materials, supplies, handmade items, and professional services that organizations would otherwise need to purchase. The value of these donations often reaches thousands of dollars each year. Tracking them demonstrates the true level of support being provided to local agencies and charitable causes.

Please remember to keep track of your hours and in-kind donations so we can continue to rally for supporting sponsorship. And THANK YOU for all of the volunteering work and donations each and everyone of you make.

Health & Wellness

Health & Wellness Chair, Kathy Murray



News from Health and Wellness

It is a pleasure to "meet" you. My name is Kathy Murray, and I look forward to working with all of you as we continue to support the Grand Haven Woman's Club's Health and Wellness mission.

I have been a Grand Haven resident for four years and can often be found enjoying a game of pickleball. I am a wife, mother, grandmother, and proud servant to two rescue pugs, Katie and Harley. Whenever possible, my husband and I enjoy traveling, especially biking (and eating!) our way through the beautiful countryside and bike paths of Europe.

One of the things I admire most about the Grand Haven Woman's Club is its commitment to serving our community. Through both financial support and hands-on volunteer efforts, we help a variety of local organizations meet important needs throughout the year.

As we look ahead to an exciting fall season, there are several opportunities for members to get involved.

Ongoing Collection Efforts

Please begin setting aside non-perishable food items and household supplies for the organizations we support. Diapers, baby wipes, paper products, and pantry staples are always in high demand. Watch for those BOGO sales!

Volunteers Always Welcome

There are many ways to make a difference. Volunteers are always needed at Our Father's Table, Grace Food Pantry, the Free Clinic, and other organizations supported by the Club. We also welcome assistance with organizing collections and delivering donated items.

I look forward to meeting many of you in the coming months and working together to make a positive impact in our community. Thank you for your continued generosity, enthusiasm, and support.

Our annual sponsor, MASSAGE ENVY, has graciously invited us to a complimentary **Grand Haven Wellness Event** on Tuesday, October 13 at the Grand Haven Room from 5pm – 8pm. Reservations are required and space will be limited. This special event is exclusive for GHWC members.

MASSAGE ENVY will provide 3-4 stations where members can enjoy **Massage, Skin Care, Stretch and Yoga.**

Members can sign up for half hour shifts starting at 5pm and ending at 7:30pm. Guests can also enter to win raffles based on the number of stations they experience. Raffles will include a 60-minute massage or skin care treatment at MASSAGE ENVY, a yoga class at BALANCE, as well as fun, wellness gift items.

Early RSVP is recommended**.**

Please email Kristina Bracciale at braccialek@gmail.com

Refreshments will be served.



Environment Committee

Environmental Chair, Cheryl Dresnok

Hi ladies, if it seems like fun for you to check out this great big beautiful area we live in, you will love the Environment Committee! How lucky we are to live in a state that has so many interesting places to visit! We will plan to go on four field trips each year and then, of course, go to lunch afterward. Lunch is where we share our thoughts about what we just experienced, and very importantly, lunch is where we get to know each other and make new friends.

If you would like to join the Environment Committee, please email me at cdresnok@gmail.com
And I will put you on my mailing list.

NEWSLETTER

Marilyn McNamara

All Newsletter articles should be submitted to GHWC.Newsletter@gmail.com by the 28th of the month unless directed otherwise.



Civic Engagement Committee

Civic Engagement Chair, Lucie Lachance

As we begin the 2026-2028 Grand Haven Woman's Club program term, it is my pleasure to chair the Civic Engagement and Outreach CSP.

This group includes the Neighbor to Neighbor program, support for Habitat for Humanity and American Legion Post 115. Palm Coast, Flagler Beach and Flagler County Historical Societies provide opportunities to learn more about who and what came before us.

During this term, I would like to explore an increased participation in governmental activities such as city council meetings and Flagler County Commission meetings. The goal is to inform our membership of items pertinent to the work we do. This kind of involvement can also inform citizens of the impact GHWC has on residents of Palm Coast and Flagler County.

I will also plan visits to each historical society.

I can use help with planning, organizing and leading a variety of activities. Please join me for an organizational meeting on Thursday, October 8th at 10 a.m. - location to be determined. If you cannot attend this meeting, please be sure you sign up at the GHWC September meeting. Volunteer sign-up sheets will be available for your consideration. Denise Gallo has agreed to answer any questions you may have.

Thank you in advance. I welcome your input by email at lucieglachance@gmail.com. You may also text/call 603-203-7636.

Education

Education Chairs: Gail Callahan, Carol DeFries





As we begin a new club year, we're pleased to introduce ourselves as your new Education Committee Co-Chairs. We are Gail Callahan and Carol DeFries, and we look forward to working with you as we lead one of the Grand Haven Women's Club's five Community Service Programs.

The Education Committee is dedicated to promoting literacy, supporting scholarships, and helping provide students with the resources they need to succeed. Through partnerships with the Flagler County Education Foundation, the STUFF Bus, Flagler County Public Schools, the Flagler County Public Library, and local mentoring programs, we work to enhance educational opportunities for students of all ages throughout our community.

Our first project of the year is the STUFF Bus School Supply Drive on Monday, July 20, from 9:00 a.m. to 3:00 p.m. We will be collecting essential school supplies to help Flagler County students begin the new school year ready to learn. We hope you'll stop by during these hours to drop off your donations. Every contribution, big or small, helps make a difference.

There are many opportunities for our members to get involved in supporting education throughout our community. Volunteers are needed to serve as mentors for high school students and reading mentors for elementary school children. These programs offer a wonderful opportunity to encourage, inspire, and make a lasting impact on the lives of our community's students. More information about these volunteer opportunities will be shared at our September meeting.

Together, we can make a lasting difference in the

Neighbor to Neighbor Program (N2N)

Co-Chairs: Sally Nord, Ruth Krauthamer

We'd like to thank our N2N Ambassadors for their service this year in welcoming new residents to Grand Haven. This has been a busy year, as we have welcomed over 90 new neighbors into our community. Great job, ladies!!! For those of you not familiar with the N2N program, it is a welcoming program for new Grand Haven residents. GHWC administers this program by having ambassadors in each Village who reach out to their new neighbors and deliver to them a welcome packet. We know that new residents really appreciate being greeted into the community and it is very rewarding for us to get feedback on how much they have enjoyed the N2N visit and how helpful it is to get this information. This program also provides a great opportunity for us to promote GHWC and all that we do for Flagler County. We can always use more ambassadors, so please let us know if you would like to join our team. Being an ambassador is not a huge time commitment and it is a wonderful way to meet your new neighbors. If you are interested in joining the program or would like further information, please contact one of us.

Ruth Krauthamer
rkrauthamer@verizon.net

Sally Nord
wmslnord@cfl.rr.com

Arts & Culture

Arts & Culture Chair, Renee Hart



Hello, a quick note from Renee Hart. My husband and I moved to Grand Haven in February 2024. We chose Palm Coast because we love to bicycle and the area paths are wonderful. I love knitting and various forms of crafting. I've been fortunate enough to have lived and worked in many states across this beautiful country. A fun fact about me is that I learned to fly a Super Cub, tail dragger airplane at 16 years old.

I was a member of this committee last year and thoroughly enjoyed all the events. I hope I can live up to the standards set prior to my tenure. Please join me in celebrating the wonderful art and culture we have surrounding our community. We will support local artists, musicians and actors from St. Augustine to Ormond Beach and even do some creating of our own. There will be much fun and fellowship along the way!

GHWC BOOK CLUB

Suzanne O'Meally

Welcome to the Arts & Culture Book Club Our first meeting will be at Andrea Byrne's home at 1pm on September 9. We are reading The Widow by John Grisham. More information to follow. We think we've chosen a lineup of books with something for everyone to enjoy. Happy reading.
To be added to our mailing list please contact Suzanne O'Meally at byra19@aol.com.

Support GHWC Through Our Fitz Fundraiser

Marie Lanier

To our seasoned members and the many new members who have joined us—welcome! We'd like to bring one of our most successful fundraising opportunities to your attention: The Fitz Fundraiser.

For the past four years, thanks to the generous cooperation of The Fitz, (The Fitzgerald Center for Performing Arts) this program has raised nearly $11,000 for our GHWC beneficiaries.

Here's how it works: The Fitz sells group tickets to us as a non profit organization at a $20 discounted rate, and I can then offer them to members, friends and family at the regular box office price which is generally $54. As a result, the GHWC earns $20 for every ticket purchased through our fundraiser.

Please note that tickets purchased directly from the box office do not qualify for the fundraiser. To ensure that your purchase benefits GHWC, tickets must be purchased through me, your Fitz Gal! Keep an eye out for my Fitz notices regarding upcoming shows and ticket sale dates.This season features an outstanding variety of entertainment, with something for everyone. We hope you'll join us in supporting our GHWC while enjoying some wonderful performances so close to home.

If you have any questions, please contact Marie Lanier at paintingwithmarie@gmail.com
Call or Text: 631-457-3271
I would be happy to tell you about the exciting shows scheduled for the upcoming season! Thank you for your continued support!

MADE WITH LOVE

GRAND HAVEN WOMAN'S CLUB
MATERIAL GIRLS

MATERIAL GIRLS 2026 MEETINGS DATES

Co-Chairs, Lucie Lachance and Michelle Kreiss Keating

DATE: Wednesday, September 23
TIME: 1 p.m.
LOCATION: 15 Sand Pine Drive
Michelle's House

DATE: Thursday, October 29
TIME: 1 p.m.
LOCATION: Village Center

DATE: Thursday, November 19
TIME: 1 p.m.
LOCATION: Village Center

DATE: Thursday, December 10
TIME: 1 p.m.
LOCATION: 19 North Park Lane
Roi's House

We are going to try and meet at the Village Center several times this year to see if it logistically works better. Mark your calendars with the above dates. Hopefully we won't have to change any dates for unforeseen conflicts.

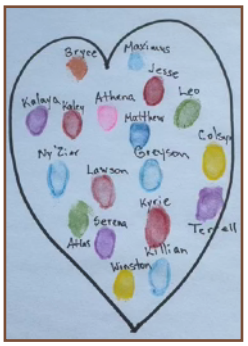
Please text Lucie, 603-203-7636 or Michelle, 301-758-0538 if you plan on attending or if you have any questions.



Lucie Lachance delivering books and origami bags to Mrs. Jane's classroom at Bunnell Elementary School.

Books and bags were gifted to Mrs. Jane's and Mrs. Sabrina's Pre-K class in Bunnell Elementary at the end of the 2025-2026 school year. Eighteen children will have a fun summer reading with all their new books! Thank you to everyone who donated children's books and to Annette Pierce for sewing all of the children's

NOTES and INFORMATION:
We received an email in May 2026 asking for additional Lymphoma tie-pillows for the boutique located on the first floor of the Freytag Radiation/Oncology Department. Plans are for tie-pillow stuffing to take place in October.





The Material Girls had a summer get-together at the new Palm Coast Chicken Salad Chick restaurant on Monday, June 22. Lunch was attended by thirteen ladies. No pillow stuffing at this lunch!