



Grand Haven Woman's Club



OCTOBER 2022

President	Kaliroi Parris
1 st Vice President	Awilda Hamilton
2 nd Vice President	Laura McBride
Recording Secretary	Lucie Lachance
Corresponding Secy	Denise Burren
Treasurer	Jenny Scott
	Paula Geppner
Past President	Kim Lhota

Contact Info at end of Newsletter

EDITOR: Jan Bearce

BOARD AND GENERAL MEETINGS:

Oct. 17	9:15 am	Board Meeting
	11:00 am	General Meeting
Nov 14	9:15 am	Board Meeting
	11:00 am	General Meeting
Dec 12	9:15 am	Board Meeting
	11:00 am	General Meeting
January	NO MEETING	
Feb 20	9:15 am	Board Meeting
	11:00 am	General Meeting
Mar 20	9:15 am	Board Meeting
	11:00 am	General Meeting
Apr 17	9:15 am	Board Meeting
	11:00 am	General Meeting
May 15	9:15 am	Board Meeting
	11:00 am	General Meeting

Other Events Will be announced in Eblasts.

President's Update

The September meeting was a great success! It was wonderful to see our friends and neighbors, to mix and mingle, enjoy delicious food, learn what our committees are all about and get everyone involved!

I want to thank Awilda Hamilton, First Vice President, Nancy Carlton, Hospitality Chair, and everyone who participated in organizing this event. It turned out great!

The Annual Grand Haven Woman's Club Gift Giving campaign is under way. We thank everyone who has joined the *Circle of Philanthropy* with your generous tax deductible contribution. To date we have reached 30% of our goal and the donations are still coming. You can make your contribution on-line on our website GHWomansClub.org or via regular mail in the envelope that was provided.

You can still sign-up on the website for the upcoming Training & Orientation sessions scheduled for November 16th or contact me directly.

Looking forward to seeing you at our next meeting on October 17th, 2022 at 11:00am.

Roi Parris
President, GHWOC

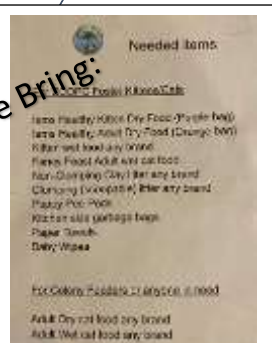


October is Breast Awareness Month

"Reaching out and Lifting Up".

October 2022

Please Bring:





IMPORTANT ACTIVITIES AND DATES:

October

- 19 Washington Oaks Interpretive Walk
- 27 Learn and Grow 4:00 pm

November

- 10 Diabetes Seminar
- 16 Training/Orientation
- 18 New Member Mix & Mingle

December

- 12 Scrooge the Musical

February

- 25, 26 Croquet Tournament

March

- 3, 4 Book Sale (tentative date)
- 18 Cocktails & Tapas (tentative date)

April

- 4 Membership Renewal
- 4 Learn and Grow 4:00-5:00 pm

May

- Membership Renewal

REMEMBERING:



OCTOBER GUEST SPEAKERS

Awilda Hamilton

Our October Guest Speakers will represent Grace Food Pantry and Our Father's Table. Both organizations recognize that the need for food assistance in Flagler County is great and growing yearly.

Both Organizations embrace wisdom from Arthur Ashe "Start where you are. Use what you have. Do what you can."

Both organizations have found ways to follow their hearts to doing things that make a difference to many and smile while doing so.

They promise to inform and in Yours in service,



STUFF BUS

SUPPLYING THINGS U FIND FUNDAMENTAL

Our students need the "basics" to come to school ready to learn. You can help children in need by gifting school supplies and essential clothing items like shoes, socks & underwear. Your support can make a difference to families in need of a helping hand.



Flagler County Education Foundation

WISH LIST

- | | |
|-------------------------|----------------------------|
| -SCHOOL SUPPLIES | -ESSENTIAL CLOTHING |
| • NOTEBOOKS | • TENNIS SHOES |
| • PAPER | • UNDERWEAR |
| • PENS/PENCILS | • SOCKS |
| • CRAYONS | • TOILETRY ITEMS |
| • SCISSORS | • JEANS |



Drop off in the main lobby of the Government Services Building.

1769 E. Moody. Bunnell, FL 32110

For more information, call or email Stephanie Ellis
(386)437-7526 x1128 or madalenos@flaglerschools.com



Laura McBride, 2nd Vice President/Fundraising

Laura McBride, 2nd Vice President/Fundraising

Our first event of the season is right around the corner. It's the Nine and Dine Golf Tournament being held on Saturday, October 8, 2022 with a shotgun start at 3 p.m., and it promises to be a fun day for everyone who participates. If you're not a golfer then you might want to join us just for the dinner and fellowship. You can contact Beth Havens at bdhavens17@gmail.com or 585-4541. Hope to see you there!

Don't forget that we are looking for donations of gift cards for our events; Publix, ABC, restaurants, Amazon, or any others would be appreciated. Just contact me at McBrideLE3@gmail.com and we will arrange to get them from you. Thanks.

We will also begin selling tickets to the January 16 Day of Games. If you are interested in purchasing your tickets for that, please contact Carol Walker at walkercarol1410@gmail.com.

GHwomansclub.org/events or contact me at McBrideLE3@gmail.com.

The GRAND HAVEN WOMAN'S CLUB thanks the following companies who are partnering with us this year.





WASHINGTON OAKS STATE PARK GARDENS TOUR AND LUNCH

Please join us for an informative tour of the Washington Oaks State Park. We have been invited for an interpretive walk in the Gardens. The Tour will include ecosystems, the history of the park, Native Americans and plant identification.



WHEN: OCTOBER 19TH

TIME: 10 A.M. (the tour lasts about an hour)

WHERE: THE GARDENS OF WASHINGTON OAKS STATE PARK

COST: \$5.00 DONATION PER VEHICLE

FOLLOWED BY: LUNCH AT THE NEW BRONX PIZZA
RESTAURANT ON A1A NOT FAR FROM THE PARK

This event is held on behalf of the environmental and social committees of the Grans Haven Woman's Club.

PLEASE RSVP BY OCTOBER 10TH TO EITHER: JEANINE
HOROWITZ AT JEANINEHOROWITZ53@GMAIL.COM OR BETH
WALD AT BETH.S.WALD.RET@GMAIL.COM

WE HOPE YOU CAN JOIN US!

ENVIRONMENT COMMITTEE

Please remember us at the GHWC's monthly collections days at the Grand Haven Golf Club House! The Environment Committee collects cat and dog food, pet beds, towels, other supplies, and monetary donations for the Flagler Humane Society and Community Cats.

Join us for an interpretive tour of the gardens of Washington Oaks State Park, to include the history of the park, plant identification, a discussion of local ecosystems, and local native American history. The tour will be followed by lunch at Bronx Pizza for those interested. Mark your calendars! The date is October 19th. The Washington Oaks visit starts promptly at 10:00AM.

If you'd like to join us, please RSVP by October 10th to Beth Wald, beth.s.wald.ret@gmail.com or to Jeanine Horowitz, jeaninehorowitz53@gmail.com. Another event in the works is a beach clean-up with lunch on the beach. Stay tuned for more!

HEALTH AND WELLNESS

Our first donation drive of the season was a success. We collected 217 pounds of food and \$265 for the food pantry. Also, we collected \$225 of household and personal items for Family Life Center as well as \$45 in monetary donations.

The holiday season will soon be upon us. Remember, if you would like to provide a Thanksgiving meal for a family make a \$50 check out to "Grace Community Food Pantry" and a note in the memo section "Feed Flagler". The Giving Store is always looking for new and gently used items for children to provide gifts to family members of all ages.

It was very exciting to have 10 new volunteers sign up to assist with packing meals and cooking at Our Father's table. We continue to pack approximately 150 meals per week.

Mark your calendars for November 10 when a Diabetes Seminar will be held in the Grand Haven Room. Hope to see you there.

Thank you for all your generosity,
Adele

Adele Large
GHWC.Health.Wellness@gmail.com
412-598-1518 cell



EDUCATION

My name is Jennifer Ames and I am your new Education Chair! I want to thank everyone that donated school supplies for the Flagler County Education Foundation's STUFF BUS! In July, we had a 5-day collection period and received lots of generous donations.

Some of the items Included were:

24 packs of pens	24 pencil pouches
19 packs of paper	56 glue sticks
17 composition notebooks	302 index cards
4 packs of construction paper	36 scissors
100s of pencils	8 packs of dry erase markers
23 packs of erasers	29 packs of markers
12 pencil sharpeners	22 boxes of color pencils
5 packs of highlighters	5 pairs of sneakers
52 packs of crayons	2 backpacks
22 deodorants	5 packs of underwear
45 spiral notebooks	7 packs of socks
30 folders	8 pairs of shorts/jeans
8 bottles of glue	2 shirts
25 rulers	\$50 donation

The supplies have been delivered and they were beyond grateful for our help!

We will be having another collection on Sept 19th (collection times will be 9:30-10:30 and 1:30-2:30) at the Grand Haven Golf Club, the same day as our first general meeting.

Please keep it in mind when you are out and about shopping, every little bit helps. I look forward to working together to make a difference!

Thanks again, Jennifer Ames, Education Chair

DONATION SUGGESTIONS:

The Grand Haven Woman's Club will be collecting your donations on the 3rd Monday of the month (our normal club meeting dates). Donations can be dropped off in front of the Golf Club.

9:30am – 10:30am and 1:30pm – 2:30pm

Donations will be collected for:

- **Health & Wellness:** Grace Food Pantry, Team Feed Flagler, Family Life Center, Our Father's Table, The Giving Store, etc.
- **Environment:** Flagler Humane Society, Community Cats of PC, etc.
- **Education:** STUFF bus, etc.
- Any of the organizations that rely on our support to help those in need We will accept momentary donations to any of the organizations that we support, however, please make checks payable to the specific organization (i.e. Grace Community Food Pantry, Flagler Humane Society, Community Cats, etc.).

Suggested donations include:

- Non-perishable dry and canned food goods, no glass jars (i.e. Pasta, Peanut Butter, Cereal, Tuna, Canned Vegetables and Meats, Oatmeal, etc.)
- Unopened paper products
- Cleaning supplies
- Diapers
- Hygiene products
- Dog & Cat Food
- New household items for the Giving Store
- Gently used items for the rummage sale
- School supplies, Children's shoes, socks, underwear & jeans
- Pop tabs
- Etc.

Thank you for your donation to the Palm Coast and Flagler County Community



ARTS AND CULTURE

Your Arts and Culture gals have been quite busy and there is more on the horizon! We recently completed our first book club selection and we're on to the second. "The Violin Conspiracy" by Brendan Slocum. If you'd like to join in, please contact me, Marie Lanier.

GHWC.arts.culture@Gmail.com

On Oct. 3 rd. 15 of us gathered for a viewing of "LOVING VINCENT", an award winning animated film on the life of Vincent VanGogh. Speaking of Van Gogh, there is an amazing immersive event taking place in Jacksonville till Nov 27th. Just Google Van Gogh-Jacksonville for ticket info.

We are also planning a viewing of "The Great Gatsby" There is still time to get in on that activity. (The Robert Redford version of course!) (Date to be announced).

Painting classes are being set up (no artistic ability necessary). Pottery classes are organizing too!! There will be luncheons, arts and crafts shopping sprees and more. (just in case you're thinking that we aren't busy enough!)

Variety is the name of the game with our committee. You're sure to catch an activity that

MATERIAL GIRLS

The Material Girls have accomplished quite a lot in the last two months. The major project for the 2022-23 calendar year has been completed and donated. Be sure to check out the AdventHealth PINK on Parade 5K and 1-mile Pet-Friendly Fun Walk on October 9, 2022. All registered dogs will receive doggie bandanas courtesy of the Grand Haven Women's Club Material Girls. These bandanas, made from a stretchy washable fabric, will be distributed by the Human Society during this hospital fund raising event.

Proceeds will assist individuals with early detection screenings, cancer-related education, materials and cancer diagnostic testing in Flagler County. Register with the City of Palm Coast at PinkOnParade.com/PalmCoast or call 386.986.2323 for additional information.

Stockings for the **Christmas Come True** Foundation, a non-profit organization assisting families in Flagler County will again be provided by the Material Girls. Last year 550 stockings were made for **Christmas Come True** as a festive way for families in need to receive much needed hygiene/cheery holiday items. This year returning families will be asked to bring their stockings from last year to be refilled. The Material Girls will provide 100 additional stockings for new families/children in need of assistance.

Ongoing projects include crocheted and knitted chemo blankets and caps, baby hats and bibs, bears for AdventHealth hospital and Women, Infants and Children Department of Health (WIC) as well as washcloths for the Family Life Center.

Anyone interested in participating with the Material Girls please contact Lucie or Michelle for additional information or to be added to our newsletter list. Our goal is to provide not only some comfort for those in our community but to enjoy each other's company. We have a variety of skills to contribute as a group. No worries if you are not "crafty" and can't sew, knit or crochet. If you can stuff a pillow and use a pair of scissors, we would love to have you join us!

Lucie Lachance
lucieglachance@gmail.com
603-203-7636

Michelle Kreiss Keating
michelle_kreisskeating@verizon.net
301-758-0538



A belated birthday wishes for our

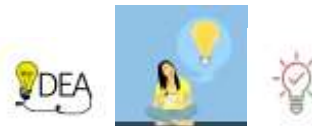
SEPTEMBER BIRTHDAYS

6 Paula Foggia
11 Lucie Lachance
11 Andrea Latish
11 Kim Lhota
19 Cheryl Dresnok
22 Iris Frankel
24 Ruth Berke
25 Laura McBride
27 Janet Carlsen
27 Chris Schliemann
30 Michelle Kreiss Keating
30 Jackie Unger

We hope you had a wonderful day!

OUR OCTOBER BIRTHDAYS:

1 Martha Belica
2 Nancy Carlton
7 Roe Bianchi
9 Sara Lockhart
9 Donna Murray
11 Roi Parris
12 Ruch Krauthamer
14 Carol Walker
16 Sandra Haines
17 Beth Havens
19 Suzanne O'Meally
20 Karen Wolford
23 Julie Dolgin
23 Carolyn Mauricio
23 Lori Mestre
23 Kathy Reichard Ellavsky
24 Jackie Van Nieuwenhaven
27 Hilda Conklin
31 Marv Stagiano



CONTEST

We would like to establish a name for our Newsletter. Please put your creative thinking caps on and submit all suggestions to:

ianbearce@aol.com

The contest will end November 30, 2022. Thank you.



Were You Aware What a ½ Cent Does for Flagler County?

If you have toured any of the Flagler County schools in the last 5 years, you have undoubtedly been impressed with what you have witnessed. Much of what you see is a result of the half-cent sales tax, initially voted in by Flagler voters in 2002 and renewed in 2012. It is up for renewal again in 2022 and will be on the November 8 ballot.

The voter approved ½ cent sales tax investment has allowed Flagler Schools to be a national leader in education innovation with the 1:1 device infrastructure for every Flagler student. This was especially helpful during the pandemic when classes were held on-line and students had their devices available. Students and teachers were able to avoid critical instructional time because they were equipped for virtual learning.

Another benefit of the sales tax investment is funding for the Classroom to Career programs (Career & Technical Education, which includes vocational training). These programs are determined by local needs and classrooms are built in collaboration with local professionals in the industry. Examples of this are: the Fire Academy at FPC, started in collaboration with the Palm Coast Fire Department, where students complete that program fully certified as a firefighter/EMT for the State of Florida; The Medical program which provides education and training so graduating seniors are ready to work in Flagler County medical facilities.

There are also programs at the Elementary and Middle school levels that expose students to various career pathways available in our community. Classroom to Careers programs at these levels include marine sciences, culinary, robotics & engineering, agronomy, law & justice, teaching and construction.

Finally, the ½ cent for Flagler Schools is projected to provide \$80 million to our local Flagler County economy for the next 10 years. Forty percent of this is paid for by non-Flagler County residents.

Please visit www.halfcentforflaglerschools.com or email info@halfcentforflaglerschools.com to find out how you can help. On November 8, please vote yes for Flagler County's future and renew the ½ cent.



MEET OUR NEW MEMBERS!



What a great month this was for our club- we have five new members to introduce to you: JoAnn Voight, Martha Belica, Khan-Lien Banko, Marcia Kesner, and Margie McMullen. Please be sure to say hello to these ladies when you see them!

JoAnn Voight came from Fort Lauderdale, FL where she owned a small CPA firm with an all female staff. Her new home is in South Lake Village with Tim, her husband of 52 years, and Bella, their four-year-old Lagotto Romagnola puppy who loves everyone. JoAnn has a few things she wants to accomplish in her new life: working out in the gym, learning croquet, and becoming involved in the GHWC. Welcome to JoAnn and Tim and Bella!

Martha Belica moved to Palm Coast just eight months ago. She used to live in St Charles, Illinois, but now is a member of the North Park neighborhood. Martha is a retired software engineer and her favorite thing to do is to go barefoot at the edge of the ocean. She loves both cats and dogs, but is pet-free right now. When asked if there was anything that bugged her about living here, she said, "Nothing bugs me!" Welcome Martha!

Khan-Lien Banko moved to the River Club neighborhood in July 2021 from Gainesville FL. She didn't come here to retire, however, because she owns a business called Pierson Fern & Greens. In addition to working at Pierson Fern & Greens, Khan-Lien takes care of her husband John, her daughter Jessica, who is 15, her son John, who is 11, plus her cat named Nova and her puppy named Zephyr. She also serves on the Flagler Education Foundation Board and chairs the ½ cent for Flagler Schools campaign. Her favorite thing to do is walk her dog. Welcome to Khan-Lien and your family!

Marcia Kesner lives in Marsh Landing and she has only been in Grand Haven for two months! Marcia moved here from Austin, Texas with her husband John. She used to be a teacher. Marcia's favorite thing to do now that she lives in our neighborhood is to meet new people. Now that she has joined the Grand Haven Woman's Club, meeting new people will be so easy to do! Welcome Marcia and John!

Margie McMullen has lived in Wild Oaks for three years, but she lived in Palm Coast for several years before moving to Grand Haven. And before Palm Coast, Margie and her husband Corky came from Rochester, NY. Besides Corky, Margie lives with her son, Pat, and her daughter-in-law, Frannie. Margie was a speech pathologist in the schools in her previous life, but now she enjoys puzzles, playing golf, and reading. Welcome Margie and Corky and family!



EXECUTIVE COMMITTEE

President:	Kalroi Parris	President@GHWomansClub.org Roi.Parris@gmail.com
First Vice President:	Awilda Hamilton	GHCW.FirstVP@gmail.com hamjacks1@aol.com
Second Vice President:	Laura McBride	GHCW.2ndVP@gmail.com McBrideLE3@gmail.com
Recording Secretary:	Lucie Lachance	GHCW.Recording.sec@gmail.com lucieglachance@gmail.com
Corresponding Secretary:	Denise Burren	colector50@gmail.com
Treasurers:	Jenny Scott	GHCW.Treasurer@gmail.com bjscott01@aol.com
	Paula Geppner	GHCW.Treasurer.Dep@gmail.com pkgeppner@gmail.com
Past President:	Kim Lhota	GHCW.Past.President@gmail.com lhota.Kim@gmail.com

COMMUNITY SERVICE PROGRAM CHAIRS

Arts and Culture:	Marie Lanier	GHCW.Arts.Culture@gmail.com kidkamp@gmail.com
Civic Engagement & Outreach:	Jan Weida	GHCW.Civic.Engagement@gmail.com janlangeweida@icloud.com
Education and Libraries:	Jennifer Ames	GHCW.Education.Libraries@gmail.com jenStag@yahoo.com
Environment:	Beth Wald	GHCW.Environment@gmail.com beth.s.wald.ret@gmail.com
Health and Wellness:	Adele Large	GHCW.Health.Wellness@gmail.com adelelarge@icloud.com

STANDING COMMITTEE CHAIRS

Budget:	Debbie Douglas	douglasdj98@gmail.com
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Photographer:	Lucie Lachance	Lucieglachance@gmail.com
Social:	Jeanine Horowitz	jeaninehorowitz53@gmail.com
	Beth Wald	beth.s.wald.ret@gmail.com



You Won't Want to Miss This!



GRAND HAVEN
WOMAN'S CLUB

presents a

Diabetes Education Event

WHEN Thursday, Nov. 10th
WHERE Grand Haven Room @ the Village Center
TIME 4:00-5:30 p.m.



featuring

- Free diabetes screening (Flagler County Health Dept.)
- Educational materials (mini-symposium format)
- Group Photo Opp @ 5:30 p.m.

4:00 Meet and Greet

4:30 Welcome & Opening Comments –

~ Sandy Hollenbeck



DIABETES
ALLIANCE

4:45 Diabetes Informational Sessions

~ Phyllis Wolff, DNP, APRN, CDE

Flagler Co. Free Clinic Clinician and Diabetes Educator

~ Angela Sterrett, RD, CDE

AdventHealth Palm Coast Diabetes Educator

5:24 Closing Comments

~ John Subers

AdventHealth Palm Coast Foundation Director

5:30 Group Photo

~ **QUESTIONS? CONTACT SANDY HOLLENBECK, 386.986.3118** ~

~ ADVENTHEALTH IS PROVIDING GOODIE BAGS TO ALL ATTENDEES ~
DiaBEATes Alliance is a community support group that is
associated with the AdventHealth Palm Coast Foundation

