

We're here whenever

and wherever you need us.





## **Know Where to Go**

When you're sick, injured, or need a COVID-19 test, do you know the best place to go for treatment? Use the chart below to find the best option for your condition.

Conditions	Centra Care	Family Doctor	Emergency Room	Video Visits
Allergies	•	•		•
Asthma	•	•	•	
Back pain	•	•		•
Bronchitis	•	•		•
Chest pain (or suspected heart attack)			•	
Cough, sore throat, cold, flu or fever	•	•		•
Concussion		•	•	
Coughing up blood			•	
Cuts (stitches)	•		•	
Diarrhea	•	•		
Difficulty breathing			•	
Ear infection	•	•		•
Fractures (broken bone, not visible)	•		•	
Fractures (broken bone is visible)			•	
Headaches	•	•		
Major head injury			•	
Major trauma (sudden physical injury)			•	
Minor burns	•	•		
Nausea or vomiting	•	•		•
Pink eye	•	•		•
Rash (and other skin conditions)	•	•		•
Seizure			•	
Severe allergic reactions			•	
Severe burns			•	
Shock			•	
Sprains	•	•		
Stroke (suspected)			•	
Urinary tract infections	•	•		•

COVID-19 Conditions	Centra Care	Family Doctor	Emergency Room	Video Visits
COVID-19 testing (symptomatic or exposure)	•			
COVID-19 vaccine (appointment only)	•			
Respiratory Problems (with Positive test)			•	
New confusion			•	
Inability to wake or stay awake			•	

Our network, your care.
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