



GRAND HAVEN WOMAN'S CLUB

Post Office Box 350684
Palm Coast, FL 32135

MARCH 2024 Newsletter

GHWC BOARD

President	<i>Kaliroi Parris</i>
1st Vice President	<i>Awilda Hamilton</i>
2nd Vice President	<i>Laura McBride</i>
Recording Secretary	<i>Lucie Lachance</i>
Corresponding Secretary	<i>Denise Burren</i>
Treasurer	<i>Jenny Scott</i>
	<i>Paula Geppner</i>
Past President	<i>Kim Lhota</i>

Contact info for Board members is available on our website:
GHWomansClub.org

1st Vice President

Awilda Hamilton

Celebrate Women's History Month and acknowledge International Women's Day at our March meeting.

James Roberts' presentation "**Lessons from the Women of Other Cultures**" will enlighten us based on his research and firsthand professional experiences. Mr. Roberts has lectured, taught, and presented to audiences across the globe, and has recently appeared in nationally televised documentaries.

Join us for the next

Learn and Grow "Music and the Mind"

Our brain indexes sound sequences and music impacts us in meaning ways. Younger and older adults will learn about the power of music! Guest presenter, **Jennifer Bugos, Ph. D.** University of South Florida, Fulbright Scholar 2023-24

Friday, March 22, 4:30 PM.

Grand Haven Room, The Village Center

GHWC 2023-2024 MEETING DATES

18 March 2024
15 April 2024
20 May 2024

President's Update

Roi Parris

- Our budgeted contributions to the "organizations that we support" have been distributed a month ahead of schedule. This is due to everyone's support and generosity. Take a look at the latest Treasurer's report on our website's **Members Only** page.
- At the March meeting the Nominating Committee will present the candidates for the Executive Committee for the club's next term. We need to have a quorum, so please make every effort to attend this very important meeting.
- Jan Weida resigned her position as Civic Engagement and Outreach due to health reasons. Ophelia Beier will take on that role for the remainder of this year.
- The Volunteer hours and donations pie charts are updated monthly. Remember to report your Volunteer hours and your donations (cash or in-kind) by clicking this link. <https://www.ghwomansclub.org/time-reporting-form>
- Annual Gift Giving Campaign update - your contributions to the **Circle of Philanthropy** are always welcome; our campaign does not have an end date or a due date. You can make your tax deductible contribution on-line on our website or via regular mail.

Our next meeting is **March 18th, 2024.**
Looking forward to seeing everyone!



Grand Haven Woman's Club

How does the Grand Haven Woman's Club choose the beneficiaries of our fundraising?

Budget Committee Chair, Debbie Douglas

The women of the Grand Haven Woman's Club, GHWC, and the Grand Haven Community are so very generous in the giving of both their time and their financial support. While the members enjoy the activities that raise the funds, the community benefits the most. So how do we choose who is the recipient of the funds raised by the events?

The GHWC has a budget committee. The committee meets twice a year, once in early July to develop a budget based on the fundraising committee's estimations of the funds that will be raised from the events and activities they have scheduled through the year. 100% of the funds raised are distributed to the charitable organizations. The committee meets once again the following March to distribute any additional funds above those budgeted.

There are certain criteria that must be met in order for an organization to receive contributions from the GHWC. First the organization must be a 501(c)(3) organization. This is not just a GHWC requirement it is also a regulation of the IRS. The Organization must have a presence in Flagler County and/or provide services and support to Flagler County Residents. The organization's mission should be in synch with one of the club's community service programs.

How does an organization get on the distribution list? All contribution requests are coordinated through the club's Community Service Programs, CSP's. Every year the chairs of the CSP's complete a form for the organizations they recommend to receive funds.

GHWC Membership

Membership Co-Chairs, Marilyn McNamara and Cheryl Dresnok

Membership Renewals will begin on **April 1, 2024** and should be paid no later than June 30, 2024.. This year the dues will remain \$40.00.

Beginning on April 1st, please submit your dues (\$40.00) for the 2024-25 club year on the website at: ghwomansclub.org (click on the "renew membership" box on the left of the home screen). Remember the password is **GHWC202324**.

If you prefer to pay by check, please bring your **check for \$40, made payable to GHWC** to the meeting on either April 15th or May 20th and look for the Membership table after you check in.

In addition, you may mail a check, **after April 1st**, made payable to GHWC to either of these addresses:

*Marilyn McNamara
20 Grandview Drive
Palm Coast, FL 32137*

*Grand Haven Woman's Club
P.O. Box 350684
Palm Coast, FL 32135*

There is also a drop off box on the porch at 20 Grandview Drive in Marsh Crossing.

We hope that you will renew your membership promptly and remain an active part of the Grand Haven Woman's Club. If, for some reason, you do not wish to renew your membership, please send us an email to GHWCMembership@gmail.com.

If you have any questions or have made any changes to your contact information this year, please send an email to GHWCMembership@gmail.com.

Thanks you.

GHWC beneficiaries requirements continued:

Any member of the GHWC can recommend a new organization any time during the year. There is a form "The Request for Contribution Form" which can be found on the GHWC website. To obtain a form, log in to the GHWC website and click on FORMS, download the "Request for Contribution" form and follow the Instructions which can also be found there. The form should be given to the CSP committee chair who's committee aligns most with the mission of the new organization. If you are not sure which CSP the organization aligns with you can always just give the form to the Treasurer or the President and they will be sure the request makes its way to the correct Committee.



Grand Haven Woman's Club

Arts and Culture

Arts and Culture Chair, Marie Lanier

I hope that you will join in for this last GHWC fundraiser of the season at **THE FITZ** (aka The Flagler Auditorium)

THE MUSIC AND PASSION OF BARRY MANILOW

WHEN: APRIL 13 at 7PM

COST: \$54 per ticket



Fundraisers such as this help our organization to continue to do all the wonderful work we do in our community. It is also a WIN for the Flagler Auditorium (The Fitz), as it helps the community become aware of the jewel we have right here in Palm Coast.

This event is a **salute to the music of Barry Manilow**. And who does not love Barry Manilow! Pianist Joe Hite and an 8-piece orchestra will perform all of our favorite Manilow music.

It is going to be a very popular show. For this reason the auditorium has made **a limited number of tickets available to us** and we have a short window of time to sell.

Your ticket purchase must be made by check **payable to GHWC** and received by me **no later** than March 15th. ***But*** please be aware that we only have **42 tickets** available to us. **Once the tickets are sold, then regardless of the date, the sale is over.** In any case, whether it's a sell out or not, the sale will close on March 15.

So, to avoid disappointment, please be sure to get your check to me right away. You may drop your check off to me at my home, **3 North Park Circle**. Please text or call me at 631-457-3271 **before** dropping off your payment so I can advise you of availability. Please understand that I cannot hold tickets pending payment nor can I accept mailed payments.

This event is available to Grand Haven Woman's Club members and their guests, in addition to general GH residents.

Please do not delay.

Here is an important note: please read. The auditorium parking lot will be going through renovations. For that reason, parking will be in an area which requires a longer walk to get to the auditorium entrance. Please be aware of this before purchasing.

Thank you and Hugs to All



Grand Haven Woman's Club

Environment Committee

Environmental Chair, Beth Wald

The Environment Committee and the Social Committee are planning a visit to the St Augustine Wild Reserve on Wednesday, April 10th. We have the special group rate of \$20. If you'd like to go, please send a check made out to me, Beth Wald, at 18 N Park Lane or bring \$20 to the March general meeting.

University of Florida Whitney Lab is having a 50th Anniversary Soiree on Friday, April 12th. The Environment Committee will be donating a beachy-sea turtle-themed basket to the silent auction. Please drop off donations toward the basket on the blue table in front of my house (address above.) Whitney Lab will be holding a 5K Walk-Run Race on Sunday, April 14th on the trails at River to Sea Preserve. The registration link can be found on the Whitney Lab website: <https://www.whitney.ufl.edu/news--events/whitney-lab-5k/>.

We've been asked to support Washington Oaks Garden State Park's Earth Day Celebration on Saturday, April 20th. Volunteers are needed to help in the Kids' Zone, the front gate, and watching and assisting as necessary. Park Services Specialist Shannon Rambow is requesting that volunteers sign up for morning shift, 9:00am-12:00pm or afternoon shift, 12:00pm – 3:00pm. Please e-mail me at beth.s.wald.ret@gmail.com if you'd like to volunteer and let me know which shift you'd prefer.

Remember, if you see a sea turtle in distress, call Florida Fish and Wildlife at 888-404-3922. If you see injured or baby wildlife in need, please contact Palm Coast resident Ms. Courtney Johnston, 386-569-8844, a certified wildlife rehabilitator

Health and Wellness

Health and Wellness Chair, Adele Large

The Health and Wellness committee will be holding a special collection for the Alpha Women's Center at the March 18th meeting. The needed items are: Diaper bags (Black Back Pack type), Diapers (sizes 1,3,5,6,) Diaper wipes (unscented,) Sleepers boys and girls (0-24 months,) and Toiletries (baby wash, lotion and diaper cream.) Checks will also be accepted made payable to Alpha Women's Center).

If unable to bring items to the meeting they can be dropped off at Ann Roffman's house: 11 Lakeview Lane. There will be a bin on the porch.

FLAGLER volunteer Services will be holding their spring rummage sale which is their major fundraiser for the Giving Store. The sale will be on May 17 from 8 to 3 and May 18 from 8 to 1 at the Flagler County Fairgrounds in Cattleman's Hall.

Donations for the rummage sale will also be collected at the March and Spring meetings.

Thank you for your usual support of donations for the Food Pantry and Family Life Center.

GHWC MARCH BIRTHDAYS *GHWC Membership Co-Chair Marilyn McNamara*

Paulette	Burau	March	4
Marcia	Kesner	March	4
Catherine	Whitby	March	6
Diane	Johnson	March	7
Betty	Kazmerski	March	9
Peg	Pattingell	March	9
Patricia	Driscoll	March	11
Jackie	Rodger	March	11
Linda	Britton	March	17
Nancy	Chisholm	March	17
Patti	Paukovich	March	17
Carol	Smith	March	21
Sheryl	Marvin	March	23
Jenny	Scott	March	23
Nancy	Beneducci	March	31
Patty	Staffer	March	31



Grand Haven Woman's Club

Meet Our New Members!

GHWC Membership Co-Chair Cheryl Dresnok

This is always the happy time of my month, because it is when I get to introduce the newest members of our club to you! Four new members attended our last meeting: Maria Gilmore, Carol DeFries, Bridget Cudak, and Mary Margaret Antonelli. I was able to catch up with them all and I want to share what I learned about them with you!

Marie Gilmore lives in North Park with her husband David. She moved to Grand Haven from Bonita Springs FL last October. The Gilmores also own a home in CT, and they are snowbirds.

In her former life, Marie worked as a high-end catering chef and instructor. How on earth did a high-end chef from CT wind up in Grand Haven? Marie said, “We know a family friend who lives here. We drove around and contacted a realtor immediately!” Grand Haven’s fairy dust worked again!

Marie’s favorite things to do in Grand Haven are meeting new people, playing tennis and pickleball. She also loves the many trails to walk and bike, as well as exploring the beach and intracoastal. Welcome Marie!



L to R:

Membership Co-Chair Cheryl Dresnok, Marie Gilmore, Carol DeFries, Bridget Cudak, Mary Margaret Antonelli, GHWC President Roi Parris, Membership Co-Chair Marilyn McNamara

Carol DeFries has lived in the Southlake neighborhood since last October. She moved here with her husband, Rich, from Marco Island, where they had lived since 2016. Prior to Marco Island, Carol worked as the Dean of the Liberal Arts Division at SUNY Schenectady.

How on earth did they wind up in Palm Coast? Carol said, “In 2020, during Covid, we bought a sailboat in Miami and sailed it up to Rhode Island where we spend the summers. We stopped at the Palm Coast Marina and explored the area a bit and fell in love! Then, in 2023, right after Hurricane Ian, we revisited the area and started our house search. Two major hurricanes in southwestern Florida with severe winds and flooding prompted our relocation!”



Grand Haven Woman's Club

Meet Our New Members! Cont.

Carol said she loves all the outside activities including long walks along the intracoastal, biking and beach walks. She added, “Of course, meeting fellow Grand Haven residents and taking part in community activities are at the top of my list.” The only thing that bugs Carol is the messy Oak trees. She would like her neighbors to know that she and her husband live on their sailboat during the summer, cruising Long Island and New England. “We love it here and look forward to becoming more involved in the community.” Welcome Carol!

Bridget Cudak lives in Marsh Crossing with her husband Michael and Sparkles, their 12-year-old Shih Tzu. Bridget said Sparkles has arthritis, “So you may see me pushing her in her stroller.” Bridget moved here from Southington, CT to be closer to her husband’s brother, who lives in Port Orange.

In her former life, Bridget worked as a hospital pharmacist for many years. She added, “I then started my ‘encore career’ where I help women organize and plan their wardrobes!”

How does Bridget feel about Grand Haven and Palm Coast? “I love it here! I enjoy meeting new people and walking to the Gazebo!” She also admitted to some of her favorite things: “I like getting dressed up and drinking fancy cocktails. I also like listening to Richard Burton recite poetry!” She added, “I am very happy to be part of the GHWC. I am so impressed with this group of dynamic women!” Welcome Bridget!

Mary Margaret Antonelli just moved to Grand Haven right before Christmas, even though she and her husband Rick bought their home in May. They moved here from Rhode Island where they have lived since 1996. Their daughter lives and works in NYC and their son attends Clemson. Mary’s stepdaughter lives in Seattle and her stepson lives in RI. “We have five grandchildren!” Mary says.

Even though Mary lived in Rhode Island for a long time, her earliest years were in North Carolina. “I lived until 12 in Charlotte and then into teen years in Greensboro. I lived and worked in Raleigh after college, but left Raleigh in 1988 to live in Daytona Beach while covering the whole state for the Natural Food Industry.” Mary was the account manager for Whole Foods Market until she left to raise their children. Mary is named after both of her grandmothers, and she is a member of The Mayflower Society and National Society of Colonial Dames!

She is also a yoga instructor who says, “I am enjoying pickleball and taking long walks with our dear White Standard Poodle Rosie! I love all the walking and biking trails around here!” If we don’t see Mary very much during the summer months, it will be because she isn’t here! “We have a small cottage at Narragansett Beach on the Narrow River where we will continue to spend summer and maybe early fall,” she said. Welcome Mary Margaret!





Grand Haven Woman's Club



THE GRAND HAVEN WOMEN'S CLUB - CIVIC ENGAGEMENT & OUTREACH COMMITTEE **“WE ARE LOOKING FOR VOLUNTEERS”**

The Civic Engagement and Outreach Committee is designed to connect members with activities relating to civic and social responsibilities. Our committee focuses on: Military Personnel, Emergency & Disaster Preparedness, and Crime Prevention.

The Grand Haven Neighbor to Neighbor program is part of this committee and its purpose is to welcome our new neighbors and disseminate information to them pertaining to Grand Haven.

Volunteer and become a part of these GREAT endeavors to give back to our community, while keeping our community safe.

**Please contact the Civic Engagement and Outreach, Chair,
Ophelia Beier, ophelia.beier@yahoo.com • 386-864-0800.**



Grand Haven Woman's Club

St Augustine Wild Reserve

Wednesday, April 10, 2024

2:00PM

Meet the lions, tigers and bears. OH MY!

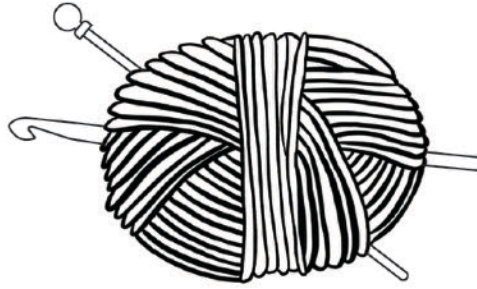


RSVP with your payment of \$20 to Beth Wald, beth.s.wald.ret@gmail.com, (703) 380-0563 or Jeanine Horowitz, jeaninehorowitz53@gmail.com, (732) 208-6844 before our tickets sell out. This group price can't be beat! This tour is co-sponsored by the GHWC Social and Environment Committees.



Grand Haven Woman's Club

MADE WITH LOVE



GRAND HAVEN WOMAN'S CLUB MATERIAL GIRLS

2024 MEETING DATES

Meetings begin at 1 p.m.

*Monday March 25, 2024

16 North Village Drive - Alice's house

*Monday, April 22, 2024

15 Sand Pine Drive - Michelle's house

*Wednesday, May 15, 2024

19 North Park Lane - Roi's house

Please be sure and send a quick text or email to Lucie or Michelle if you plan on attending the February meeting. Thank you.

lucieglachance@gmail.com

603-203-7636

michelle_kreisskeating@verizon.net

301-758-0538

Material Girls And Health & Wellness Committee

On February 16, 2024 the Material Girls partnered with the Health and Wellness committee to make candy filled baby booties for the February 19th Woman's Club meeting/luncheon. Each booty came with a printed card listing items needed for the Alpha Pregnancy Center. Thank you to all the ladies able to help with this effort!





Grand Haven Woman's Club



Baby Items are Needed for the Boutique at the Alpha Women's Center
We look forward to and appreciate your contributions at the March GHWC meeting.

The Health & Wellness Committee is asking for your help. We will be collecting items for the Alpha Women's Center at the **March 18th** meeting and would greatly appreciate it if you could bring any of the following items to that meeting.

- ◆ Diaper Bags (Black Back Pack type).
- ◆ Diapers: Sizes 1, 3, 4, 5, &6
- ◆ Diaper Wipes: Unscented
- ◆ Sleepers Boys and Girls (0-24 months)
- ◆ Toiletries: Baby Wash, Lotion & Diaper Rash Cream

Checks made payable to **Alpha Women's Center**



Attendees making, hot glue gunning and filling booties - L to R: Ricki Leal, Michelle Kreiss Keating, Pat Barton, Fran Anderson, Ann Roffman, Nancy Beneducci, Jane Leap, Sue Guy, Marilyn McNamara, Denise Burren, Jackie Van Nieuwenhoven, Lucie Lachance and Adele Large



Grand Haven Woman's Club



Having fun filling booties - L to R: Ann Roffman, Ricki Leal, Pat Barton, Jeanette Jung, and Sue Guy



L to R: Marilyn McNamara, Jane Leap and Fran Anderson



Just a cute baby hat and socks made by Annette Pierce





Grand Haven Woman's Club

GHWC Thanks our Partners



And thanks to this year's event sponsors



Patty Stauffer
Realtor

