



GRAND HAVEN
WOMAN'S CLUB



Diabetes Education Event

WHEN **Tuesday, Nov. 10th, 2026**
WHERE **Grand Haven Golf Club, Coastal Room**
TIME **4:00-5:30 p.m.**

4:00 **Welcome & Opening Comments –**

*~ Sandy Hollenbeck, DiaBEATes Alliance and
Grand Haven Woman's Club*

4:15 **Diabetes Informational Sessions**

~ Sanjana Thota-Kammili, MD

AdventHealth Medical Group, Palm Coast for
Endocrinology, Diabetes and Metabolism
Solving the mystery of the A1c blood test

~ Angela Sterrett, RN, CDCES

AdventHealth – Nutrition and Diabetes Education
How to calculate your carbs from the foods you eat.

~ Jaffy Lee, MBA, FDH Flagler County

Diagnosed with Pre-Diabetes? What's next?

5:25 **Closing Comments**

*~ Denyse Bales-Chubb, AdventHealth Palm Coast/Flagler/
St. Johns Market President, CEO*

***THIS EVENT IS OPEN TO ALL GRAND HAVEN RESIDENTS.
THERE IS NO CHARGE TO ATTEND; HOWEVER, RESERVATIONS ARE REQUESTED.
CONTACT SANDY HOLLENBECK, SANDYHOLLEN01@GMAIL.COM***

~ ADVENTHEALTH IS PROVIDING GOODIE BAGS TO ALL ATTENDEES ~

DiaBEATes Alliance is a community support group that is
associated with the AdventHealth Palm Coast Foundation